## **DECLARATION OF PREGNANCY**

Date (of declaration):
To: Radiation Safety Office (ML 0591; Fax 558-9905)
From (your name):
This completed form letter is being submitted today to the University of Cincinnati Radiation Safety Office and is the official notification to the University of Cincinnati Radiation Control and Safety Program that I am pregnant.
I understand this declaration of pregnancy is a personal choice and optional under the University of Cincinnati's Radiation Control and Safety Program. I understand that during the period of pregnancy declaration my occupationally allowed radiation dose will be reduced to 500 millirem to the fetus. I understand, again because of personal choice, I may "undeclare" my pregnancy, in writing, at any time.
I provide the following information to ensure regulatory requirements are met and to assist in determining if additional monitoring or special precautions are necessary.
Information Regarding My Exposure To Ionizing Radiation  [] I work with radioactive material under the supervision of (AU(s) name)
Radionuclides I will be using or have used during my pregnancy
[] I work with radiation generating equipment (RGE) under the supervision of
RGE I will be using or have used during my pregnancy
[ ] I am exposed to radiation from the following radionuclide(s) or RGE, but I am not current working with them
Information Degarding My Duagnon av
Information Regarding My Pregnancy  My estimated date of conception is My delivery date is on or about
Information Regarding My Dosimetry  [] I currently am issued the following personnel monitoring dosimetry  [] 1 whole body dosimeter  [] 2 whole body dosimeters  [] I will personally pick up my badge [] Deliver my badge with my department badges  [] I currently am not issued any radiation monitoring dosimetry
For any questions call me at my work number or my home number

I am aware the Radiation Safety Office has copies of NRC regulatory guide 8.13 "Instruction Concerning Prenatal Radiation Exposure" that I may review and I can also obtain a copy from the NRC website, <a href="https://www.nrc.gov">www.nrc.gov</a>. I understand I may speak with a member of the Radiation Safety Office about my radiation exposure and the Radiation Safety Officer encourages me to make an appointment to speak to someone from the Radiation Safety Office as soon as possible if I have any questions or concerns.